JDK dynamic proxies  
Spring CGLIB proxies  
Spring transaction proxy

Spring AOP defaults to using standard JDK dynamic proxies for AOP proxies. This enables any interface (or set of interfaces) to be proxied.

Spring AOP can also use CGLIB proxies. This is necessary to proxy classes rather than interfaces

AOP works by instrumentation of class by proxy

<http://www.byteslounge.com/tutorials/jdk-dynamic-proxies>